

TEN RULES

FOR VISITORS TO THE AQUAPALACE PRAGUE FITNESS FACILITY



Dear Visitors,

We hope that your time spent at our Aquapalace Prague Fitness facility (hereinafter referred to as the "Fitness facility") is pleasant. If you need further information and assistance, please ask at our reception desk.

- 1.** Admission to the Fitness facility is permitted to:
 - Persons aged 15 years and more
 - Children aged 10 to 14 years may only be admitted if accompanied by a parent. Children under the age of 10 are not admitted to the Fitness facility
- 2.** Admission to the Fitness facility is permitted only in clean sport shoes with a light-coloured sole and in sport clothes. Use only the changing room for changing and leaving your clothes. Safety deposit boxes are available. The operator is not liable for items left in places not designated for that purpose.
- 3.** It is strictly prohibited throughout the Fitness facility:
 - To eat food
 - To smoke and to use an open flame
 - To consume alcoholic beverages. Persons under the influence of alcohol and other intoxicating substances are forbidden from entering the facility.
- 4.** Please use a towel while exercising.
- 5.** Do not make noise and disturb other clients while exercising.
- 6.** Return all dumbbells, weight bars, discs, and any other equipment you use to their stands.
- 7.** When you leave the Fitness facility, please make sure to clear your locker and safety deposit box. Any costs related to a visitor's failure to clear a locker shall be borne by the owner of the items left. A written record shall be made of the items left, signed by at least two Fitness facility employees.
- 8.** When doing demanding or dangerous exercises, ask the Fitness reception staff for their assistance in supervising you.
- 9.** The VIP zone is reserved solely for VIP card holders and clients who are accompanied by a personal trainer.
- 10.** The Ten Rules for Fitness Visitors supplement the Visitor and House Rules by which all Fitness visitors must abide.